

DID YOU WASH YOUR HANDS?

CLEAN HANDS CAN STOP THE SPREAD OF GERMS

KILL GERMS. FOLLOW THESE 5 STEPS EVERY TIME.

1

Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.

2

Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.

3

Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.

4

Rinse your hands well under clean, running water.

5

Dry your hands using a clean towel or air dry them.



Besides washing your hands, be sure your work area is sanitized and disinfected. Precision Guard 360 is here to help. Learn more - call us at **877-MYPG360** or visit www.WeKillGerms.com



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